

Equipment

EMS crew equipment includes semi-automatic monitor-defibrillators, oxygen equipment, backboards, splints and more. A state-of-the-art communications system keeps the EMS crew in constant contact with the dispatch centre, which is responsible for receiving and transmitting emergency calls.



Commitment

Like any other new endeavour, the initial training process is demanding and there is a lot of material to cover in a short period of time. Along with the theoretical and practical training component, all new members will complete a *stage* process, on shift responding to real calls with real crews in order to practice and refine the skills learned in class. Once the training process is complete, members choose when they want to volunteer and most perform two to four shifts per month. The more you put in, the more you get out!

Benefits

EMS members aren't heroes. They are everyday people who do heroic things. They join EMS to learn new skills, meet new people, broaden their horizons, develop strong teamwork skills and to rise to new challenges.

EMS members make a real difference in their community. They learn the skills that can save someone's life and put those skills to use on every shift.

"Côte Saint-Luc EMS is an outstanding service provided by dedicated and caring volunteers. If you are a dynamic, compassionate and a high energy person, please consider joining EMS."

- Anthony Housefather, Mayor
- Glenn J. Nashen, Councillor (Public Safety)

How do I join ?

If you are active, eager to get involved, ready to learn, bilingual (English and French spoken) and enjoy taking on new challenges, contact EMS to schedule a one-on-one interview with a member of the recruiting team who will be able to answer all of your questions and get you on your way to becoming an EMS member.

* Acceptance is based on each individual's application, interview, reference check, criminal records verification, medical clearance and the availability of space. EMS reserves the right to reject applications for membership.

Emergency Medical Services

☎ 514.485.6954

✉ ems@cotesaintluc.org

🌐 www.joinEMS.org

Ville de  City of
Côte Saint-Luc



EMS crew stabilizes the driver at the scene of a motor vehicle accident. EMS vehicle 835 protects the scene.

Make a difference in the community, save lives, volunteer.

Côte Saint-Luc

EMS



Emergency
Medical
Services



“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

- Margaret Mead



Côte Saint-Luc **Emergency Medical Services**, better known as simply **EMS** is a unique first responder service, staffed by volunteers who give their time to save others in need, 24 hours a day, 365 days a year.

Since its founding in 1965 as the Emergency Measures Organization (EMO), the mandate of EMS is simple: arrive to the scene of medical emergencies before the ambulance, provide life-saving care and stabilize the patient while awaiting transport to the hospital.

About EMS

Côte Saint-Luc EMS responds to more than 3,000 calls for help each year, ranging from diabetic shock to heart attacks, falls to car accidents, difficulty breathing to strokes and everything in between. The volunteer EMS first responders are trained and equipped to deal with all of these emergencies. Operating three response vehicles out of a station located in Côte Saint-Luc, the EMS team is usually on scene within three and a half minutes. This precious time often can make the difference between life and death.

Volunteers

EMS volunteers come from all walks of life, ethnic communities and age groups and collectively speak more than a dozen languages. They are active, mature, caring and compassionate.

EMS is a team effort.

Involvement

EMS volunteers work one of three daily shifts: overnight, day and evening. In addition, members are encouraged to get involved in other aspects of EMS, including equipment management, quality assurance, scheduling, recruiting, station maintenance, special events and more.

Training

No previous medical or first aid training is required to join. All new members attend the EMS Training Academy where they complete their certification as first responders. The 120-hour training program covers a wide variety of topics and is taught by certified, experienced instructors, who blend theoretical notions with real-world experience. There is a lot of opportunity to practice the new skills being learned in class. EMS also offers annual recertification and on-going training to all members.



“EMS is a lifesaving service. We want to and know how to make a difference.”
– Jason G., EMS member since 1999

Courses

EMS offers three courses per year: one in the fall, one in the winter and a summer intensive. Fall and winter courses run two weekday evenings and most Sundays, for nine weeks. The summer intensive class runs weekdays for three weeks.



“EMS is a great group of people. They care about the patient... and each other.” - Joy R., EMS member since 1999

What you’ll learn

The EMS training will teach you the skills needed to save a life and help those in need. These are skills that will serve both while wearing the EMS uniform as well as at home, at work and around town.

Topics include:

- * QHSF-certified CPR and defibrillator (AED)
- * Red Cross-certified Emergency Medical Responder
- * Airway management and oxygen therapy
- * Basic anatomy and physiology
- * Trauma and injury stabilisation
- * Car accident safety and intervention
- * Treatment for medical conditions, such as diabetic shock, stroke, heart attack and allergic reactions
- * Communications and disaster management



Cost

The course fee is subsidized in part by the City of Côte Saint-Luc in exchange for a one year commitment of service to EMS. New members will be responsible for

purchasing equipment such as a stethoscope, blood pressure cuff, uniform and textbook.